

Local Company Trains For Cornhole-A-Thon

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World Cornhole Championship at Fountain Square (9News)

The Cincinnati region takes pride in many events like the "Opening Day Parade," Labor Day fireworks and the Black Family Reunion.

Now, a local company is searching for inspiration to gain a title.

The Messer Construction Company will have a Cornhole Training Camp.

The former champs head over to the Easter Seals WRC on Gilbert Avenue to see who builds cornhole sets, because in order to regain their title of champions, they have to play in the Easter Seals WRC event Tailgate Bash Cornhole-A-Thon.

Matt Barney is the team captain for Messer Construction and says, "We're making sure everyone on the team gets into the true spirit of what we're doing."

The team will train to play in part of Easter Seals WRC's largest fund raisers of the year.

Typically, the cornhole-a-thon held on Fountain Square will bring in \$150,000. That money is considered unrestricted, which means it can support job training programs

for people with disabilities and disadvantages in the area.

The benefit event takes place Saturday, August 29.

Tips from the "World Cornhole Champion" Matt Guy:

Toss the bag flat - You can get a more consistent toss when you toss the bag flat.

Add spin to the toss - To maximize the toss once it hits the board, a clockwise spin will help guide the bag to the hole. Left-handers should try a counter-clockwise rotation.

Keep an 8-foot arch - The toss should have about an 8-foot arch and aim at the middle of the board. The bag spin should guide it close to the hole without going off the board. Add about two feet to the arch if there are bags on the board to get the bag directly in the hole.

Square stance - Player should stand with their shoulders square to the board and concentrate not to dip the shoulders or move the head.

Most common mistakes - Moving head and shoulders. It is important to not move the head and shoulders - it's like trying to hit a moving target.

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